

GROVE SCHOOL TAKE COUNTY ATHLETICS TITLE



On Wednesday 14th May, Harvey Hadden Sports Centre played host to the East Midlands Airport Nottinghamshire Youth Games Year 7 Athletics Competition. Six of Nottinghamshire's Districts competed in this annual event which brings together the best sporting talent from local schools across a number of traditional track and field events.

The Grove School, Balderton were invited to represent Newark and Sherwood in the Sports Hall Finals, having won the District Heat. This event is seen as the curtain raiser to the Youth Games events on 2nd (Inclusive Sports - Harvey Hadden Stadium) and 5th July (Ashfield School), and saw around 80 athletes in school Year 7 from across Nottinghamshire, competing in a range of athletes disciplines.

In a closely fought final the Grove finished in first place, George Spencer School (Broxtowe) came second, Portland School (Bassetlaw) and South Wolds School (Rushcliffe) finished joint third with All Saints Catholic School (Mansfield) fifth, and Selston School (Ashfield) sixth.

This was a great performance from the team on the day and an outstanding achievement from all the representative schools. Newark and Sherwood had already tasted success as Lowes Wong Junior School were crowned County Champions at the Year 3/4 Competition and achieved fourth place in the Year 5/6 Competition.

The winning team is pictured with Councillor John Allin - Chairman of Nottinghamshire County Council.



FUN AND FITNESS FOR CHILDREN AND ADULTS WITH A DISABILITY

Boccia, seated exercise and a range of sports are all on offer for children and adults with a disability in Newark and Sherwood.

For youngsters with a visual impairment, **Club Elevate** meets fortnightly on Tuesday's at Dukeries Leisure Centre in Ollerton. From 5pm to 6.30pm, club members are able to take part in various sports, led by qualified coaches. Admission is £1.50 and siblings are also welcome to attend.

For adults with a disability, **Nimble Movers** is a new seated exercise class also held fortnightly. The 45-minute session costs £1 per person and take place at Balderton Resource Centre on London Road in Newark.

Led by qualified coaches, the **Newark Boccia Club**

holds sessions every Wednesday from 4pm to 5pm at the Lincoln Road Sports Pavilion. The club is open to adults and children with a disability and sessions cost £1.50 per person.

The Grove Leisure Centre is the venue for a weekly **Diabetic Exercise Class**. Held on Wednesdays from 10am to 11am, sessions alternate weekly between aerobics and circuits and cost just £1 per person.

There's no need to book for any of the groups, just drop into one of the sessions, or call Helen Purdy for more details.

If you have a disability or care for a disabled person and would like more information, support or advice on sport and physical activity, contact Helen on 01636 655797.

TELL US WHAT YOU THINK OF THE NEWSLETTER

This newsletter has been circulated quarterly for over a year and we would like to know what you think about it.

Is it interesting? Do you like the way it's presented? Would you like to read more about a particular aspect of the Leisure Service? Is a paper version preferred or sent by e-mail?

Send your comments and suggestions to us by e-mail at sportsdevelopment@nsdc.info or by phone on 01636 655701.



SEPTEMBER KICK OFF FOR FOOTBALL COACHING COURSE



A new course starting at the beginning of September will lead to a **1st4Sport Level 1 Certificate in Coaching Football** for each successful candidate.

Taking place at Collingham Football Club, the course is open to participants aged 17 and over and starts with an introductory session from 6.30pm to 9.30pm on Thursday 4th September. Other evening sessions, on Wednesday 10th and Wednesday 17th September, will be given over to workshops on Safeguarding and Protecting Children and Emergency First Aid.

Two full days of coaching will be held from 9am to 6pm on Sunday 14th and Sunday 21st September and the course ends with an Assessment day from 9am to 3.30pm on Sunday 28th September.

Delivered by the district council's Sports Development Unit in partnership with the Nottinghamshire Football Association, the course costs £100 per candidate or £90 for candidates from an FA Charter Standard club or school.

Places are limited and advance booking is essential. The deadline for applications is Thursday 21st August—for more details and a booking form, contact Holly Powell on 01636 655291 (holly.powell@nsdc.info)

2008 COACH EDUCATION COURSES

Course 1 – Walk Leaders Course

Venue: Rufford Country Park, Ollerton, Notts, NG22 9DF
Date: Saturday 6th September 2008
Time: 10.00am - 4.00pm
Price: Free

Course 2 – Appointed Person First Aid Course

Venue: Kelham Hall, Newark, Notts, NG23 5QX
Date: Friday 19th September 2008
Time: 10.00am - 4.00pm
Price: £35

Course 3 – Adults Other Than Teacher's

Venue: Joseph Whitaker Sports College, NG21 OAG
Date: Saturday 27th September 2008
Time: 10.00am - 4.00pm
Price: £15

For further information or to book on a course please contact:

Holly Powell
Community Physical Activity Officer
Telephone: 01636 655291
Email: holly.powell@nsdc.info
www.newark-sherwooddc.gov.uk/sportsdevelopment

SIX WEEKS OF SPORTY FUN IN LOWDHAM

There'll be plenty of sporty fun on offer for 5 to 11 year-olds living in and around Lowdham when the district council brings its **Summer Holiday Programme** to the Multi Use Games Area on Southwell Road.

Every Tuesday and Thursday from 22nd July to 28th August, there'll be a range of sports, coaching and games to enjoy, including mini soccer, kwik cricket, rounders, multi skills and much more.

The sessions, which run from 10am to 12 noon on each day, have been organised in partnership with Lowdham Parish Council and will be led by qualified coaches. Places are just £2.50 per session and advance booking is advisable.

To find out more or to book places for your youngsters, contact Dianne Holmes on 01636 655701.

Newark And Sherwood Sports Review & Awards Evening



Newark and Sherwood District Council are looking for the district's leading players, teams and clubs to take part in the third Newark and Sherwood Sports Review and Awards Evening.

This annual event is aimed at recognising and rewarding the many sportsmen, women, coaches, volunteers and clubs that participate in sport across the district.

Nominations can be received from any individual, club or team involved in schools or sports organisations within Newark district and must be based upon performances from the winter sports season 2007/08 and the summer sports season 2008. The Awards are split into 10 categories:-

- Junior team of the year
- Junior sportsperson of the year
- Junior volunteer of the year
- Junior disabled sportsperson of the year
- Senior sportsperson of the year
- Disabled sportsperson of the year
- Senior team of the year
- Coach of the year
- Volunteer of the year
- Club of the year
- Outstanding contribution to sport

The Sports Review will take place at The Palace Theatre, Newark on **Monday 17th November 2008**.

Nomination forms will be available to download from the council's webpage or can be requested from the Sports Development Unit by telephoning 01636 655701.

Closing date for nominations is **Tuesday 30th September 2008**.